

The logo for ViCARE, featuring a stylized teal 'V' on the left, followed by 'iCARE' in a serif font. The 'i' is lowercase and italicized, while 'CARE' is uppercase. A registered trademark symbol (®) is located to the upper right of the 'E'.

**ViCARE®**

# Overview

# What is ViCARE®?

ViCare® by ViMedicus is a complete health program designed to support lasting lifestyle changes and address anxiety, depression, and stress in a meaningful way. Delivered by licensed therapists, certified coaches, registered dietitians, and board-certified psychiatrists, ViCare® combines proven techniques with technology to form close, supportive relationships with enrollees. Our small administrative team ensures that ViCare® provides exceptional care tailored to the needs of small- and medium-sized businesses.



# Mission, Vision, And Philosophical Approach

## Mission Statement

At ViMedicus, we are dedicated to empowering individuals on their personal health journeys by delivering exceptional, compassionate care rooted in empathy, integrity, and acceptance. Through innovative solutions and unwavering support, we strive to inspire confidence, growth, and enhance the quality of life for every person we serve.

## Vision Statement

To be a trusted partner in health and well-being, known for redefining care through meaningful connections and motivational guidance. We envision a world where every journey toward wellness is supported with integrity, celebrated for its uniqueness, and enriched by quality and compassion.

## Philosophical Approach

At ViCare<sup>®</sup>, we believe in a holistic, human-centered approach that integrates physical, mental, and emotional well-being. Our philosophy emphasizes accessibility, personalized care, and seamless integration of diverse health services. We use a collaborative care model that actively engages enrollees in their treatment, ensuring they are key participants in their health journey. Through evidence-based practices, continuous feedback loops, and leveraging technology, we aim to enhance the well-being of our enrollees.

# What We Offer

**Coaching**



**Psychiatric Care**



**Counseling/Therapy**



**Dietetics/Nutrition  
Counseling**



# What Makes ViCare® Different?

ViCare® offers real, human-centered support to help enrollees overcome behavioral health challenges and create sustainable lifestyle changes. Unlike Employee Assistance Programs, self-help apps, or online programs, ViCare® relies on trained ViCare® Guides who work one-on-one with enrollees using evidence-based strategies and interventions. This humanized approach helps individuals achieve meaningful, lasting results.

ViCare® is accessible without the need for pre-approvals, co-pays, or deductibles. Participants receive unlimited sessions with qualified ViCare® Guides as long as they meet eligibility requirements under their employer's health plan. It also provides measurable outcomes, such as reduced healthcare costs and increased life satisfaction, which benefit both employees and employers.

# Who We Serve

As of March 2025, ViCare® supports over 100 employers in 45 states in the USA and serves more than 40,000 individuals and their dependents. Our enrollees work in industries such as automotive services, social services, first-responders, healthcare, education, media, communications, and other frontline fields.

# Learn More about ViCARE<sup>®</sup>

*For more information, questions, and comments, visit [vicarehealth.com](https://vicarehealth.com) or*

*contact our Director of Client Engagement, Leslie Ducay at*

*[lducay@vimedius.com](mailto:lducay@vimedius.com) or call 872-310-4040.*

